

Pre-K

OCTOBER 2023

LIFETIME FOUNDATION



MON TUE WED THU FRI

<p>2 Turkey Sausage Breakfast Burrito</p> <p>Beef Strips Mashed Potatoes & Gravy Mixed Fruit</p>	<p>3 Fruit & Yogurt Parfait</p> <p>Walking Taco Baby Carrots Pears</p>	<p>4 Hummingbird Muffin</p> <p>Chicken Nuggets Baked Beans Strawberry Cup</p>	<p>5 Turkey Sausage Pancake Wrap</p> <p>Chicken Patty Sandwich Tater Tots Applesauce</p>	<p>6 Cinnamon Roll</p> <p>Homemade Cheese Pizza Steamed Broccoli Peaches</p>
<p>9 10 11 12 13</p> <h1>Happy Fall Break</h1>				
<p>16 Turkey Sausage Pancake Wrap</p> <p>Mexican Street Corn Pizza Applesauce</p>	<p>17 Fruit & Yogurt Parfait Granola w/ Walnuts</p> <p>Spagetti Steamed Broccoli Peaches</p>	<p>18 Cranberry Orange Muffin String Cheese</p> <p>Chicken Tinga Tacos Baby Carrots Pineapple</p>	<p>19 Fruit & Yogurt Smoothie Graham Crackers</p> <p>Picadillo Refried Beans Mixed Fruit</p>	<p>20 Cinnamon Roll</p> <p>Black Bean Chili Cheese Tots Strawberry Cups</p>
<p>23 Bagel & Cream Cheese</p> <p>Cheese Quesadilla Pinto Beans Mixed Fruit</p>	<p>24 Very Berry Yogurt Pizza</p> <p>Rotini & Meat Sauce String Cheese Roasted Baby Carrots Pears</p>	<p>25 Blueberry Muffin</p> <p>Popcorn Chicken Pozole Soup Pineapple</p>	<p>26 Turkey Sausage Biscuit Breakfast Sandwich</p> <p>Pull Apart Breadsticks Homemade Marinara Peaches</p>	<p>27 Mini Waffles</p> <p>Fish Nuggets Oven Fries Strawberry Cup</p>
<p>30 Oatmeal Chocolate Breakfast Bar</p> <p>Chicken Tamale String Cheese Small Garden Salad Applesauce</p>	<p>31 Fruit & Yogurt Parfait</p> <p>Breakfast for Lunch Hash Browns Pears Halloween Treat</p>	<p>In October we celebrate National School Lunch week! Be sure to check out our special menu Oct 16th-20th.</p> 		

ANNOUNCEMENTS

Daily Breakfast
Breakfast Special
Seasonal Whole Fresh Fruit
or 100% Fruit Juice
1% or Skim Milk

Daily Lunch
Lunch Special
Seasonal Whole Fresh Fruit
Seasonal Vegetable
1% or Skim Milk

Preschool will be served family style with their class to align with curriculum.



We serve a pork-free menu

October is...
Hispanic Heritage Month
Farm to School Month
National Apple Month

October 16th-20th
National School Lunch Week
October 17th
National Pasta Day

MEAL PRICES

Osborn Students:
All at no cost

Adults/Visitors:
Breakfast \$2.75 Lunch \$4.75
Cash/Check Accepted

Please bear with us as we deal with supply chain issues. Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020